

North Quincy High School
Student Support Services
2020-21



<https://nqhs.quincypublicschools.com>



North Quincy High School Counseling Department

Month	Activity	Grade
September 11 1:00 PM	Virtual College Planning Q & A	12
September 16	First day of school	9 – 12
September 16 – 23	Schedule change period	9 – 12
September 28 – October 2	Virtual Transition to high classroom lessons	9
TBA	Back to school night	9 – 12
September – December	Virtual Naviance College Rep Visits	12
October 12 – 16	Virtual Post-grad/college planning classroom lessons	12
TBA	Guidance groups including Diversity Book Groups	9 – 12
TBA	Open House for 8 th Graders	
October 21 1:30 – 2:30 PM	Virtual Post-grad/college planning presentation for families	9 – 12
October – December	Individual meetings with seniors to review transcript and post-grad/college plans	12
TBA	QPS College Fair	10 – 12
November 1 st and/or 15 th	Submit transcripts/apps for EA/ED deadlines	12
November 4 Time TBA	Scholarship Information presentation for families	12
TBA	Virtual College Financial Aid Night	11 – 12
November 13 9:00 AM	John and Abigail Adams Scholarship Ceremony	12

Ongoing Guidance Activities

Academic:

- Individual academic advising
- Course Selection
- Schedule changes
- Credit and transcript monitoring
- Scheduling of new students
- Board of review meetings

Personal/Social:

- Individual and group counseling
- Crisis intervention and counseling
- Consult and referrals to outside agencies
- Weekly student support meetings

Post-graduate/college Planning:

- College Visits
- Naviance
- Recommendations
- PSAT, SAT and ACT
- Common App

Special Populations:

- IEP meetings
- 504 meetings

Other:

- Communication and meetings with families
- Classroom lessons
- Ongoing consult with student, teachers and families



North Quincy High Guidance



@nqhsguidance



@NQHS Guidance

Google classroom codes:

Class of 2021 – qiaqpt
 Class of 2022 – jz2ujys
 Class of 2023 – ansi4ba
 Class of 2024 – sjyv5kc



North Quincy High School Counseling Department

Month	Activity	Grade
TBA	Term 1 ends	9 – 12
TBA	Schedule changes with permission	9 – 12
November 16 – 20	Samaritans classroom lessons TBD	10
November – December	Review 1 st term grades with students as needed	9 – 12
December 9	Submit applications for RD/January 1 st deadlines	12
December 14 – 18	Student Scholarship lessons	12
January 4 – 8	Google classroom lessons (strength assessment/learning style)	9
January 26	PSAT	9 – 11
TBA	Term 2 ends	9 – 12
February - April	College on-the-spot admissions	12
February 8 - 12	Career classroom lessons	10
March	Course Selection	9 – 11
March TBA	High School Course Selection Night	8 – 11
March - May	Meet individually with students to review course selection	9 – 11
March TBA	PSAT results	9 – 11
March 15 – 19	Post-grad/college classroom lessons	11
April 12 – 16	Google classroom lesson on transition to college/adulthood	12
May 3	National College Decision Day/ NQHS College Pride Day	12
May 21	Career Day Presentations	10
May 24 – 28	Google classroom lesson on applying to college	11
June 4	Scholarship Ceremony	12
June 14	NQHS graduation	12

Guidance Staff:

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Jeffrey DeCristofaro, Counselor
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Keriann Hart, Counselor
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Melanie Sullivan, PASS Counselor
 617-984-8685
melaniesullivan@quincypublicschools.com

Florence Xia, Counselor
 617-984-8984
Florencexia@quincypublicschools.com

NQHS Remote Schedule
Classes meet daily by block beginning September 16, 2020

Monday	Tuesday	Wednesday	Thursday	Friday
A 7:45 - 8:35 AM	B 7:45 - 8:35 AM	A 7:45 - 8:35 AM	B 7:45 - 8:35 AM	A 7:45 - 8:35 AM
B 8:40 - 9:30 AM	A 8:40 - 9:30 AM	B 8:40 - 9:30 AM	A 8:40 - 9:30 AM	B 8:40 - 9:30 AM
C 9:35 - 10:25 AM	D 9:35 - 10:25 AM	C 9:35 - 10:25 AM	D 9:35 - 10:25 AM	C 9:35 - 10:25 AM
D 10:30 - 11:20 AM	C 10:30 - 11:20 AM	D 10:30 - 11:20 AM	C 10:30 - 11:20 AM	D 10:30 - 11:20 AM
Lunch 11:20 - 11:50	Lunch 11:20 - 11:50	Lunch 11:20 - 11:50	Lunch 11:20 - 11:50	Lunch 11:20 - 11:50
E 12:45 - 1:35 PM	F 11:50 - 12:40 PM	E 12:45 - 1:35 PM	F 11:50 - 12:40 PM	E 12:45 - 1:35 PM
F 12:45 - 1:35 PM	G 12:45 - 1:35 PM	F 12:45 - 1:35 PM	G 12:45 - 1:35 PM	F 12:45 - 1:35 PM
G 1:40 - 2:30 PM	E 1:40 - 2:30 PM	G 1:40 - 2:30 PM	E 1:40 - 2:30 PM	G 1:40 - 2:30 PM

NQHS Graduation Requirements

1. Each student must acquire a minimum number of credits in the subjects listed below. Additional courses will be required to meet the **100 credit minimum** graduation requirement at North Quincy High School. Each full year course that meets every day is worth 5 credits. Courses should be selected from career technology, English, foreign languages, mathematics, science, social studies, creative or performing arts, or other NQHS approved courses.
2. Students must also earn the competency determination on the ELA (500 +), Mathematics (500 +) and Science (220 +) portions of the Massachusetts Comprehensive Assessment System (MCAS).

SUBJECT	MUST TAKE	MUST ACQUIRE CREDITS
ENGLISH	4 YEARS	20
MATHEMATICS	3 YEARS	15
SCIENCE	3 YEARS	15
SOCIAL STUDIES	4 YEARS	20
FOREIGN LANGUAGE	2 YEARS	10
PHYSICAL EDUCATION	4 YEARS	4
COMMUNITY SERVICE	30 HOURS	

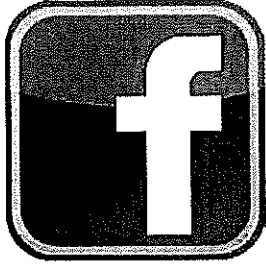
NQHS Promotion Requirements

1. Most high school subjects are worth five (5) credits each for a full year.
A minimum of six (6) courses and Physical Education must be carried each year in grades 9, 10, 11, and 12 for a total of thirty (31) credits.
2. A student must accumulate: a minimum of twenty (20) credits to achieve grade 10 status, forty-five (45) credits from grades 9 and 10, to achieve grade 11 status, seventy (70) credits, from grades 9, 10, and 11 to achieve grade 12 status and a minimum of one hundred (100) credits is required for graduation.

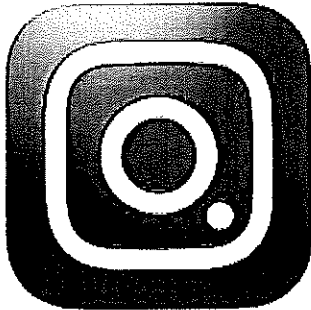
Information for College Bound Students

In general, colleges require 16 college preparatory units to be taken in grades 9-12. A unit is the equivalent of taking a subject for a full school year, one class period per cycle. Electives should be selected to meet specific college requirements. The Program of Studies (available online) contains the courses usually required for admissions to college, but college catalogues should be consulted for possible variations. Five (5) credits are equivalent to one (1) college entrance unit. Below are the **recommended minimum** four-year college admission requirements.

COLLEGE PREP ENGLISH	4 UNITS
MATHEMATICS (INCLUDING ALGEBRA 1, GEOMETRY, ALGEBRA 2 AND BEYOND)	4 UNITS
SCIENCE (INCLUDING 2 LAB SCIENCES)	3 TO 4 UNITS
SOCIAL STUDIES	2 UNITS
FOREIGN LANGUAGE (SAME LANGUAGE)	2 TO 3 UNITS
CREATIVE/ PERFORMING ARTS ELECTIVE	1 UNIT



@North Quincy High
Guidance



@nqhsguidance



@NQHS Guidance

Google classroom codes:

Class of 2021 – qiqfpt

Class of 2022 – jz2ujys

Class of 2023 – ansi4ba

Class of 2024 – sjyv5kc

Counselor Cheat Sheet SY 2020-21

Grade 9 – Class of 2024

A – Chen	Jeffrey DeCristofaro
Cheu – Hd	Florence Xia
He - J	Rebecca Nutley
K – M	Keriann Hart
N – T	Virginia Cushman
U – Z	Mary Devlin

Grade 10 – class of 2023

A – C	Jeffrey DeCristofaro
D – J	Florence Xia
K – Le	Rebecca Nutley
Lf – M	Keriann Hart
N – To	Virginia Cushman
Tp – Z	Mary Devlin

Grade 11 – class of 2022

A – C	Jeffrey DeCristofaro
D – J	Florence Xia
K – Lia	Rebecca Nutley
Lib – M	Keriann Hart
N – Tra	Virginia Cushman
Tre – Z	Mary Devlin

Grade 12 – class of 2021

A – C	Jeffrey DeCristofaro
D – I	Florence Xia
J – Le	Rebecca Nutley
Lf – M	Keriann Hart
N – T	Virginia Cushman
U – Z	Mary Devlin

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Naviance Student for Parents Reference Guide

Overview

Naviance Student makes it easier than ever for your student to answer the questions that will shape your student's future: Who am I? What do I want to be? How will I get there? And How will I succeed?

Naviance Student is a mobile-responsive site, for both students and parents, that employs intuitive tools that personalize and simplify the college and career planning process.

Parents and/or Guardians have mostly view-only access. However, depending on your school's permissions, you may be able to edit:

- Personal and Demographic Information
- E-Mail Address
- Username/Password
- Add a college to your child's College's I'm Thinking About list.

Logging In

Your school will have provided you either a:

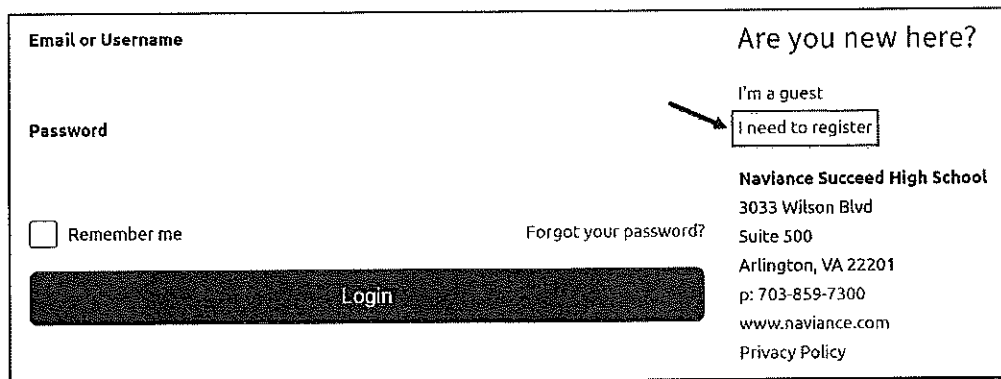
- A Registration Code or
- A Username/Password

Navigate to our school's Naviance Student page using the following URL:

<https://student.naviance.com/nqhs>

Registration Code

1. Parent registration code is the letter "p" followed by the student's 8 digit school identification number that can be found on ASPEN.
2. Navigate to your school's URL.
3. Click on **I Need to Register**.



4. Enter the registration code you were provided in the **Registration Code** field.
5. Click **Register**.

Registration code

XXXXXX

Register

The Create Account page displays.

6. Fill out the information as needed. If you have an e-mail address, select yes under the relevant question, and then enter your email and desired password. If you do not have an email address, you will be asked to create a username instead.

Create Account

Enter your email and create a password to complete your registration.

Do you have an email address?

Yes

No

Please enter your e-mail address and create a password to complete your registration.
All fields are required.

Enter email

Create Password SHOW

Passwords are case-sensitive and must be at least 6 characters. They cannot contain blank spaces.

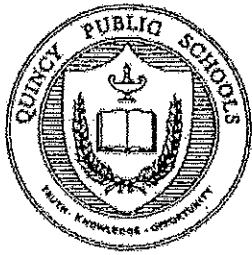
7. Click **Continue**. You are now ready to log in.

Username/Password

If you were already provided or have created your username/password, go to the URL and use the fields to log in.

Navigating in Naviance Student

Once you are logged into Naviance Student, most of your experience will be view only.



QUINCY PUBLIC SCHOOLS

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Richard DeCristofaro, Ed.D., Superintendent

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April 1, 2019

Dear Parents and/or Guardians:

We are pleased to announce that Quincy Public Schools parents and guardians will have access to the **Aspen Family Portal** beginning on May 1, 2019. The **Aspen Family Portal** will allow you to securely view all of your student's Aspen accounts at the same time. As with the current Aspen access, you will be able to view student attendance, schedules, assignments, interim reports, final term grades, and much more. The **Aspen Student Portal** will continue to be utilized by students.

During the month of April, there is a verification step to be completed that will ensure accurate contact information. To activate the Parent Verification Workflow, please follow the steps below:

- Log into your Child's Aspen Student Portal.
- Click the "Parent Verification" link in the Announcement Banner
- Choose "Student Contact"; Click *Okay*; Click *Next*
- Enter your primary Parent Email address
- Review Current Information (shaded box)
- Update Requested Changes (if applicable)
- Click on *Next*; Click *Finish*
- Repeat process for each child's Aspen Student Portal Account (if applicable)

On May 1, 2019, information on how to access the **Aspen Family Portal** and step-by-step instructions to activate your account will be sent out via email. If you have questions or need technical assistance, please contact your school's main office.

Sincerely,

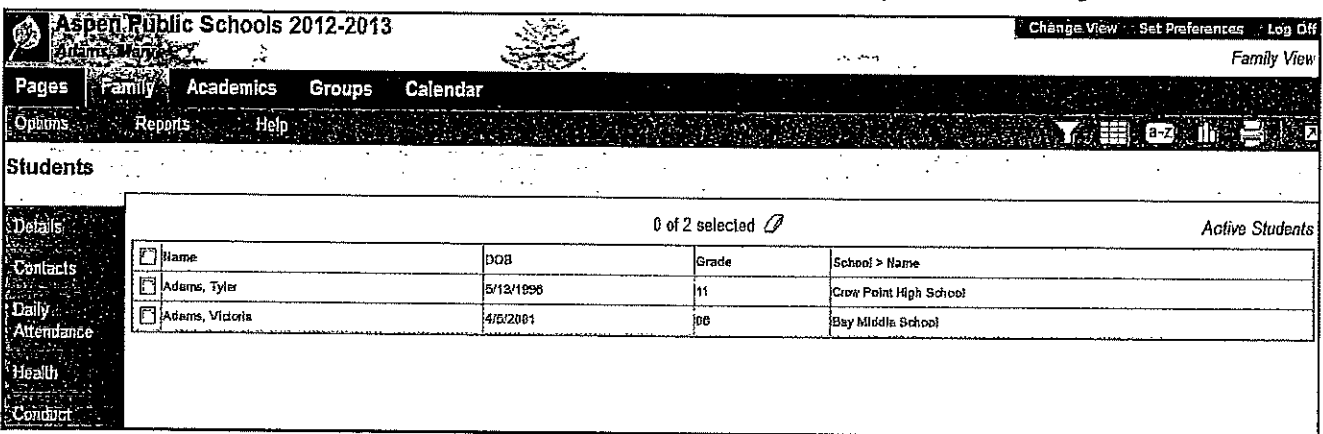
Kevin W. Mulvey, Esq.
Deputy Superintendent

Keith P. Segalla, Executive Director
Technology Planning and Training

What information can I access through Aspen's Family portal?

As a parent or guardian, you can use one login to securely access information for all of your children. Depending on your district's setup, you may be able to access:

- **Family contact and emergency information**
- **Academic information:** Spot red flags early with real-time access to your child's assignment and term grades, as well as average summaries. And be confident knowing you are receiving important documents like progress reports and report cards.
- **Conduct, attendance, and health visit information:** Sign up for email notifications when new information is available, such as a conduct incident, absence, or visit to the health office.
- **Calendar events:** Color-code events to see at a glance what each family member is doing.



Aspen Public Schools 2012-2013

Change View Set Preferences Log Off

Family View

Pages Family Academics Groups Calendar

Options Reports Help

Students

0 of 2 selected

Active Students

Name	DOB	Grade	School > Name
Adams, Tyler	5/13/1998	11	Crow Point High School
Adams, Victoria	4/5/2001	06	Bay Middle School

Details

Contacts

Daily Attendance

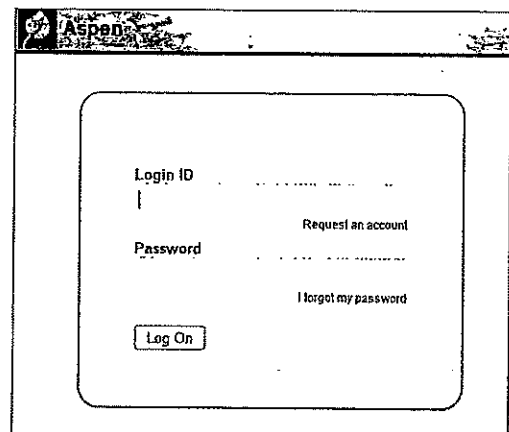
Health

Conduct

How do I access the Portal?

You can log on to Aspen's Family portal from any computer that connects to the Internet. Access the system from anywhere – your home and your office.

1. Open your browser to connect to the Internet.
2. Go to your district's Aspen site.
3. Enter your **Login ID** and **Password**.
4. The first time you log on, you will be prompted to change your password. Your Home page will then appear.



Aspen

Login ID

Request an account

Password

I forgot my password

Log On

Is my child's information secure?





Aspen protects your student's information with the same advanced technology your bank uses to protect your financial accounts. Rest assured that all Aspen users only have access to information they need, and nothing more. The system has been carefully configured to ensure that your child's information is confidential and can only be retrieved by you – the parent/guardian – and authorized school personnel.

You can only view, not edit, your child's demographic data. If you find that it is outdated or incorrect, notify your child's school to correct any errors.



How do I use Aspen?

From your Home tab, you can access the following areas of Aspen. Click a tab to view information for your child.

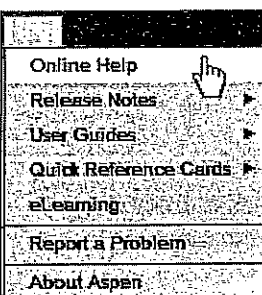
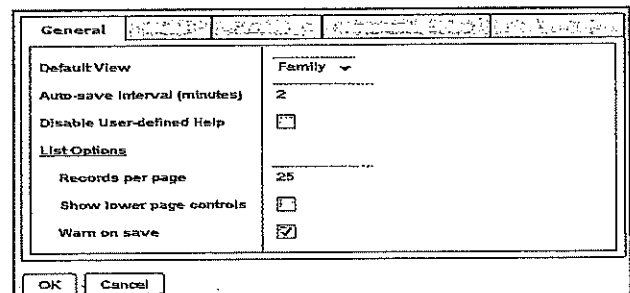
Click this tab...	To view your child's...	Click this tab...	To view your child's...
	<ul style="list-style-type: none"> Demographics, address, activities, ethnicity, photo Contact names and phone numbers Daily attendance Health office visits, immunization records, health screenings, medications list Conduct incidents and actions taken Transcripts and course information Assessments, such as SAT and state-mandated test scores Current class schedule Membership/enrollment history in district's schools Records of student fees Documents, such as IEPs and 504 Plans Subscriptions to email notifications 		<ul style="list-style-type: none"> Current schedule Grades Assignments Class attendance
			<p>Groups your child is enrolled in, such as classes, extracurricular activities, and sports teams. Here you can view:</p> <ul style="list-style-type: none"> List of members Groups' scheduled events
			<p>Monthly calendar with events. You can customize the calendar by choosing the categories you want listed, and color-code each child's activities to include:</p> <ul style="list-style-type: none"> Reminders for class assignment due dates Activity events School calendar

How do I change my password or email address?

From any page, click **Set Preferences** in the upper-right corner of the screen.

Here you can set your user preferences, including your:

- Password
- Email address
- Appearance of your Home page

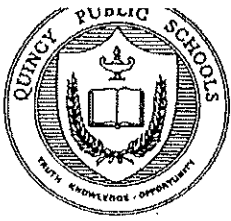


What if I need more help with Aspen?

It is easy to navigate through Aspen's secure, read-only data. Feel free to explore. If you have a question about how to do something, go to the **Help** menu for the following options:

- Online Help:** Click to open online Help, and then click **Using the Student and Family Portal**. A table of contents, index, and search help you find the information you need.
- User Guides:** Click to open, download, and print a PDF version of *Family and Student Portals — User Guide*. This is the same content that's available in online Help.

Note: If you still have questions, contact your school's main office.



QUINCY PUBLIC SCHOOLS

QUINCY, MASSACHUSETTS

APPROVED 8.13.2020

2020-2021 SCHOOL YEAR CALENDAR

September 2020

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

11 days

= No School/
Holiday or Vacation

Aug. 31: Elementary and Middle School Offices Re-Open
Sept. 8: First day for Professional Staff
Sept. 16: First day of school, Gr 1-12
Sept. 18: Pre-Kindergarten & Kindergarten Orientation
Sept. 21: First day of school, Kindergarten & Pre-Kindergarten

Sept. 16, 23, 30: Elementary School Early Release Days
Sept. 23: Middle School Early Release Days
Sept. 23: High School Early Release Day

February 2021

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

15 days

Feb. 3, 10, 24: Elementary School Early Release Days
Feb. 10, 24: Middle School Early Release Days
Feb. 10: High School Early Release Day
Feb. 13-Feb. 21: February Recess ~ No School

October 2020

S	M	T	W	T	F	S
			1	2	3	
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

21 days

Oct. 7, 14, 21, 28: Elementary School Early Release Days
Oct. 12: Columbus Day ~ No School
Oct. 14, 28: Middle School Early Release Days
Oct. 14: High School Early Release Day

March 2021

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

23 days

Mar. 3, 10, 17, 24, 31: Elementary School Early Release Days
Mar. 10, 24: Middle School Early Release Days
Mar. 10: High School Early Release Day

November 2020

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

17 days

Nov. 3: Election Day ~ No School
Nov. 4, 18: Elementary School Early Release Days
Nov. 11: Veteran's Day ~ No School
Nov. 18: Middle, High School Early Release Day
Nov. 25: Early Release Day ~ All Schools No Lunch Served
Nov. 26 & 27: Thanksgiving Recess ~ No School

April 2021

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

16 days

Apr. 2: Good Friday Observed ~ No School
Apr. 7, 14, 28: Elementary School Early Release Days
Apr. 14, 28: Middle School Early Release Days
Apr. 14: High School Early Release Day
Apr. 17-Apr. 25: April Recess ~ No School

December 2020

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

14 days

Dec. 2, 9, 16: Elementary School Early Release Days
Dec. 9: Middle School Early Release Day
Dec. 9: High School Early Release Day
Dec. 19-Jan. 3: Winter Recess ~ No School

May 2021

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

20 days

May 5, 12, 19, 26: Elementary School Early Release Days
May 12, 26: Middle School Early Release Days
May 12: High School Early Release Day
May 31: Memorial Day ~ No School

January 2021

S	M	T	W	T	F	S
						1
						2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

19 days

Jan. 1: New Year's Day ~ No School
Jan. 6, 13, 20, 27: Elementary School Early Release Days
Jan. 13, 27: Middle School Early Release Days
Jan. 13, 27: High School Early Release Days
Jan. 18: Martin Luther King, Jr. Birthday Observed ~ No School

June 2021

S	M	T	W	T	F	S
						1
						2
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

14 days

June 2, 9, 16: Elementary School Early Release Days
June 2: Last Day of School for High School Seniors
June 7: QHS Graduation
June 8: NQHS Graduation
June 9: Middle School Early Release Day

June 18: Last Day of School: May be adjusted for school cancellations (Early Release Day for Elementary & Middle Schools) (Day 170)
June 21: Last Day for Professional Staff (May be adjusted for cancellation)
June 25: Last Day of School (in case of 5 days school cancellations)
June 28: Last Day for Professional Staff (5 days school cancellations)

Elementary School Offices Close 6 days after last day of school
Middle School Offices Close 11 days after last day of school
High School Offices Open all summer for registration

Quincy School Committee

The Honorable Thomas P. Koch
Chairperson

Anthony J. Andronico
Vice-Chair

Paul L. Bregoli
Douglas S. Gutro
Kathryn E. Hubley
Emily A. Lebo
Frank C. Santoro

Kevin W. Mulvey, J.D.
*Superintendent of Schools and
Secretary to the School Committee*

The Quincy Public Schools does not discriminate
on the basis of race, color, sex, sexual orientation,
gender identity, religion, national origin, or handicap,
in its education activities or employment practices.

www.quincypublicschools.com